

MOSQUITO CONTROL UPDATES

From Mike Morrison, Municipal Pest Management

15 August 2006

We began our mosquito survey of potential mosquito sites this spring. We are focusing on identifying mosquito breeding habitats of known vector species of Eastern Equine Encephalitis (EEE) and West Nile Virus (WNV). This has been an unusual mosquito season to date. Through April, we experienced a severe drought that resulted in minimal habitat for mosquito breeding. We then experienced a record breaking amount of rainfall from May through mid June. It was the wettest May ever and the second wettest June. Record breaking rainfall usually equates to record mosquito breeding but this was not the case. Instead, the heavy rains washed away mosquito breeding and resulted in very little, if any, mosquito breeding. Also, the rains came at a time when the "spring" mosquitoes were ending and prior to the "summer" mosquitoes starting. During July we experienced thundershowers. As a rule, the resulting rainwater pools evaporated before mosquito breeding could be completed. August has been very dry with low humidity resulting in minimal mosquito breeding habitat. Our future concern now is frequent thundershowers or a large rain storm that result in pooled water for more than seven days.

To date, we have identified twenty- three wetland areas that support mosquito breeding. Larvaciding has been completed, as necessary. We will continue to identify breeding sites of the primary vector of EEE, *Culiseta melanura*. This mosquito is found in permanent swamps and is difficult to collect. Fremont has a lot of preferred swamp habitat for *melanura*. The dry conditions at present have resulted in minimal mosquito breeding of EEE and WNV mosquitoes. We have responded to requests to have properties checked for mosquito breeding and will continue to do so.

Mosquito light traps are being utilized on a weekly basis to collect adult (flying) mosquitoes. These traps are baited with dry ice and attract many different mosquito species, including those associated with EEE and WNV. Trapped mosquitoes are microscopically identified to species and brought to the state laboratory in Concord for testing. Recently, light traps collected EEE positive mosquitoes in Danville, Manchester and Hampstead. The mosquito species found with EEE in Danville and Hampstead were bird feeding species. This indicates that EEE is being amplified in local bird populations. The Manchester mosquito pool was identified as a mammal feeding mosquito capable of transmission to humans and horses. To date, none of the Fremont mosquitoes submitted to Concord have tested positive for EEE or WNV. Light trapping is very important in determining the current threat from disease and the necessary response. Light trapping will continue until the end of September.

In summary, larval mosquito populations are at low levels at present. Currently, dry conditions and infrequent rainfall have resulted in minimal stagnant water habitats for mosquito breeding. The presence of EEE positive mosquitoes in nearby communities remains a concern.

~ Michael Morrison, Entomologist
Municipal Pest Management Services, Inc.

Two days after we received this article from Mike Morrison, an EEE positive mosquito test was returned in Fremont. When we learned on Thursday August 17th that a test was positive, the Selectmen issued the following press release, which was posted, sent to local papers, and placed on the Town's website:

Town of Fremont NH ~ Press Release 17 August 2006

The Selectmen's Office was informed today that a mosquito pool in Fremont has tested positive for EEE. The sample was collected in Fremont on August 10th and tested by the State Laboratory on August 16th.

The State Health Department has informed town officials that we are doing well with our surveillance program, and to maintain that

process. They again stressed that public education is important, and for the Town to continue to monitor the situation. They suggested that if further positives are found, the Town may wish to consider spraying.

The Selectmen, Health Officer, and other Public Safety officials will continue to work closely with Municipal Pest Management Services, our contracted mosquito control service provider, and with State Health Officials.

If more mosquitoes are identified, the Town may further consider other options, including spraying.

Fremont appropriated \$30,000 at the March 2006 Town Meeting and entered into a larval mosquito control program, including surveillance and monitoring contract with Municipal Pest Management Services of York Maine. Entomologist Michael Morrison and his staff have been working diligently to monitor the situation and will continue to do so. MPMS has worked since early spring identifying wetland areas, treating larval mosquito pools, monitoring and trapping mosquitoes. The mosquitoes are then submitted to the NH State Laboratory for testing. MPMS has also been working with homeowners and residents with regard to potential mosquito problem areas.

As we have done throughout the season, we encourage people to be vigilant in their personal protection. Stay indoors when the mosquito populations are busiest, as dusk approaches. Wear long sleeves and use insect repellent containing DEET.

We will continue to put monthly updates in the printed newsletter, and more often on the Town's website. Please continue to monitor the website at www.Fremont.nh.gov for current updates, which can be found on the Home page and the Health Department page. Additionally, the State of NH Department of Health and Human Services website has many resources and fact sheets available. That site is

http://www.dhhs.nh.gov/DHHS/DHHS_SITE/default.htm

Town of Fremont Board of Selectmen

Updates as of August 30, 2006

Since release of the press release, Municipal Pest Management Services has continued with diligent efforts including light traps and continued mosquito testing in Concord. The Selectmen met with Mike Morrison on Thursday August 24th and reviewed their data thus far, including the fact that the mosquito population has dropped substantially in recent weeks. At that meeting, Morrison also suggested that the Town consider perimeter spraying at Ellis School, the town ballfields, and Library and Complex lots given the night events occurring in these locations. The Selectmen gathered more information and discussed this with the Library Trustee chairperson and with the Fremont School Board.

Based on the recommendation of the town's mosquito control consultant at Municipal Pest Management Services, Selectmen, in consultation with the School Board and Library Trustees, decided to do limited perimeter spraying for mosquitoes at Ellis School, the Town's memorial ballfields, the Safety Complex and the Library. The decision was made on August 29th and it is expected this will happen in the next couple of days.

Crosscheck is the insecticide/repellent that will be used for the perimeter spraying. Crosscheck has no odor, is not harmful to plants or animals (other than insects) and provides repellent protection for two to three weeks, on average. The spray is water based and dries very quickly. Areas will be completed during off hours when areas are not occupied.

The product will kill any mosquito it comes in contact with, and further acts as a repellent for up to 2-3 weeks. It will be applied to the perimeter of these town/school properties.

Homeowners wishing to treat their properties can do so with any number of residential applications, such as those you would find off the shelf at an Agway or Home Depot-type store. No mosquito spray of any kind can be applied to water.

As of the writing of this article, no further positive tests have come back for EEE or WNV in Fremont. People should continue to be

cautious and wear long sleeves, use insect repellent, and avoid the outdoors during peak mosquito activity. NH DHHS recommends that communities maintain and enhance surveillance efforts including mosquito pool and dead bird collection and submission to the State Public Health Laboratory for testing, continue to educate citizens on the public health effects of mosquito-borne diseases and the effective personal protection methods of preventing mosquito-bites (fact sheets are available at <http://www.dhhs.state.nh.us>), develop, maintain, and implement a local mosquito control plan to address preparation and response to mosquito-borne diseases, including public education, surveillance, and mosquito control.

The State Public Health Laboratory continues to perform daily tests, including over 8,000 mosquito pools being tested to date. No human or animal tests for WNV or EEE have been seen in NH through the State Laboratory posting of 26 August 2006.

The Town's websites will have any further updates as they become available, on the Health Department page. If you do not have internet access and would like any of the available handouts or information, please call the Selectmen's Office and speak with Heidi or Jeanne, and we will mail out any information you need. You can reach us at 895 2226. You can also leave a voice mail for Heidi at extension 10 or Jeanne at extension 11.

FREMONT HISTORICAL SOCIETY COUNTRY FAIR – SEPTEMBER 16

On Saturday, September 16th between 9:00 am and 4:00 pm the Fremont Historical Society will sponsor a special COUNTRY FAIR at the Fremont Historical Museum on the corner of Beede Road and Route 107. Admission is FREE. In case of rain, the event will be held on Sunday, September 17th from 9:00am to 4:00pm. Several craft, food, and specialty vendors will be on hand to show off their various items, and the People's United Methodist Church is planning on hosting a delicious Breakfast as part of the festivities. Cost and menu will be announced later. The Museum will be open for touring, and several additional attractions, including an outdoor concert, are currently being planned in hopes of making this a memorable and special Old Fashioned Country Fair. Please watch for further details in upcoming local newspapers.

CRAFT, FOOD, FLEA MARKET, GAME, MUSICAL and MISCELLANEOUS VENDORS are still welcome to contact FHS. President Matthew Thomas at 895-4032 or Treasurer Jean Ragonese at 895-3263 to reserve a 10' X 10' foot space for just \$20.00. Spaces are selling fast so please don't delay if you wish to be part of the festivities. Vendors must supply their own tables, chairs and tents for the event. Electricity will be provided on a first come, first served basis. Set-up time is 7:00am to 9:00am. To reserve your space, or for more information, please contact FHS President Matthew Thomas at 895-4032, or FHS Treasurer Jean Ragonese at 895-3263.

This event is being sponsored in celebration of the 40th Anniversary of the Fremont Historical Society and to help raise funding to maintain and support the museum, programs, and activities of the FHS. Your support, participation, and attendance is greatly appreciated. Come one and all, and join members of the Fremont Historical Society in celebrating Fremont and its wonderful, colorful heritage.

FRIENDS OF THE LIBRARY NEWS BOOK SALE – SEPTEMBER 16

The Friends of the Library will hold their annual book sale on Saturday, September 16th. The sale will run from 9:00 am to 1:00 pm in the Library community room and there will be a table at the Town Fair. We are looking for donations of books or videos in good condition (no encyclopedia sets please). There will be something of interest readers of all ages so please stop by and check out our bargains!

Annual membership for the Friends is just \$10 per family and \$5 per individual. This year the Friends are offering a copy of their Tasteful Treasures cookbook with each \$10 membership.

The Friends have upgraded the Children's Museum passes. Patrons using the passes to visit the museum located in Portsmouth will now be allowed totally free admission! The passes are available at the circulation desk in the library. Questions? call or email Cheryl @ 895-9923 or rowells4@verizon.net

SAMPLING OF THE NEW TITLES AT THE FREMONT PUBLIC LIBRARY

In fiction:

Terrorist by John Updike; Dope by Sara Gran; Proof Positive by Philip Margolin; Hot Flash Club Chills Out by Nancy Thayer; Chopping Spree by Diane Mott Davidson; Anybody Out There? by Marian Keyes; Sullivan's Evidence by Nancy Taylor Rosenberg; Copycat by Erica Spinler; Bad Twin by Gray Troup; Lost and Found by Carolyn Parkhurst; Black Swan Green by David Mitchell; Cross Bones by Kathy Reichs.

In non-fiction:

Wisdom of Our Fathers by Tim Russert; Mayflower by Nathaniel Philbrick; The Great Deluge by Douglas Brinkley; Coroner's Journal by Louis Cataldie, M.D.; Possible Side Effects by Augusten Burroughs.

FREMONT FOOD PANTRY

The Fremont Food Pantry is preparing for the upcoming Fall/Winter Season. This past summer has been a very demanding one for the Pantry. We were fortunate enough to have had enough provisions to help Fremont families who were devastated by the 2006 floods. We would like to thank the community for the donations we received to help the flood victims as well as the Fremont Police Department and Town employees who helped facilitate delivery of baskets.

We are asking the community to please help us replenish our shelves as well as our pocket book to prepare for the upcoming fall/winter season. The following is a general list of items needed:

	Breakfast cereal
	Pancake mix w/syrup
	Oatmeal
	Canned fruit
	Canned vegetables
	Stuffing mix
	Instant potatoes
	Spaghetti sauce
	Pasta
	Beans
	Tuna fish
Condiments	(mayo/ketchup/mustard, etc.)
	Soup
	Juice
	Snacks/crackers
	Flour
	Sugar
	Oil
	Health and Beauty items
	Household cleaners
	Hannaford Gift Cards
	Monetary donations

Checks can be made payable to the Fremont Food Pantry and mailed to PO Box 97, Fremont, NH 03044.

Food items can be dropped off at the Fremont Town Hall during normal business hours. For more information on how you can help, contact Kathy @ 895-1162. All calls to the Fremont Food Pantry are completely confidential.

Thank you in advance for your support.

LIBRARY TIDBITS

- Thanks to the Friends of the Library, we have **passes** to the **Children's Museum of Portsmouth**; the **Museum of Fine Arts in Boston**; the **Currier Gallery** in Manchester; the **Peabody Essex Museum** in Salem, Ma; **Canterbury Shaker Village** and the **N.H. Historical Society**. Ask at the desk for details.

- Since the Library does not currently charge any fines, your effort to return books on time is greatly appreciated.

- We have Public Access Computers with Internet capability. We require patrons to sign a standard Computer/Internet use policy form before they use the computers for the first time. Persons under 18 years of age need to have a parent come to the front desk to sign their forms prior to using the computer for the first time. Each time a patron wishes to use the computers, he needs to put his name on the sign-up sheet and leave his library card at the front desk. Due to the high cost of ink, we charge 10 cents per page for printing. We do not have color printing. If there are other people waiting to use the computers, patrons will be limited to 30 minutes of computer usage.

- We have copy and fax machines for public use at minimal cost.

FREMONT HISTORICAL MUSEUM OPEN

The Fremont Historical Society Museum located at 8 Beede Road will be open on Sunday, September 10th from 2:00 to 4:00 pm. Admission is FREE. It will also be open on Sunday, October 8th from 2:00 to 4:00 pm.

New items are constantly being added to the historical collections and exhibits. This is a great opportunity for young and old alike, new and old residents to come and discover firsthand what makes Fremont such a special town of such historic proportions. Fremont History has been increasingly being recognized in a number of new books on New Hampshire and New England history. Come see what makes Fremont such a fascinating town to write and read about. For more information, please call Matthew Thomas at 895-4032.

LABELS FOR EDUCATION & BOXTOP\$ NEWS

Effective immediately, the LabelsForEducation program has announced 'new' collection guidelines. For **Campbells**, **PepperidgeFarms** and **Swanson** products, clip and collect only the **UPC** portion of the label, and for **Prego** and **V-8** products, collect only the **lid**. You no longer need to clip the entire label from participating products. Any questions, contact Breeda Royer @ 895-3006 or Faith Levesque @ 679-9537.

Reminder to Ellis School students entering PS - 5th grade to bring all completed summer collection sheets to the Ellis School lobby collection box by **Friday 9/8/06** in order to be entered in drawings for school supplies. Also, SUPER BoxTop\$ (worth 30 cents) can now be found on twenty-five(25) General Mills products.

THE FREMONT HISTORICAL SOCIETY MEETS SEPTEMBER 19TH

Members and non-members alike are reminded that the next meeting of the Fremont Historical Society will take place on Tuesday, September 19th at 7:30 pm at the Fremont Public Library Community Room located on Jackie Bernier Drive off Route 107.

Come celebrate the 40th Anniversary of the FHS by enjoying some delicious cake and ice cream. Local Historian Matthew Thomas will specially dig out a number of rare and unique Fremont artifacts, photos, and memorabilia to display for members and guests to enjoy viewing after a short business meeting. This is a meeting that all people interested in local Fremont History should not fail to miss. Come help us celebrate Fremont and all that makes it a great town to be a part of. For more information, please contact FHS President Matthew Thomas at 895-4032.

FREMONT PLAYGROUP

Aimee Arsenault has volunteered to become the new Playgroup Coordinator replacing Joy Wood, who has provided Fremont with a wonderful, fun-filled playgroup for the past 3 years. A special thank you to Joy for all of her hard work and dedication.

Starting September 8th the playgroup will meet on Fridays from 9:30 – 11:00/11:30 am. We invite children (birth to preschool age) of Fremont and their parents, grandparents and caregivers to play with us, listen to a story, have a snack and make a craft.

Come join us in September – our theme is Let's make friends. For more information, contact Aimee Arsenault at 603 849 6709.

SIXTH ANNUAL FREMONT LIBRARY GOLF TOURNAMENT

The Fremont Public Library will sponsor its 6th Annual Golf Tournament on Monday, September 11th at the Apple Hill Golf Club on Route 107 in East Kingston, NH. The event begins at 8:00am with the Gun Shot Start. Cost is \$75.00 per person and includes Greens Fee, Golf Cart, and an outstanding buffet lunch. There are also prizes to be awarded for a hole in one, closest to the pin, longest drive, and 50/50 hole, not to mention excellent raffle prizes.

The Tournament, which has been sold out in years past, is a fun, worthwhile fundraising event that supports various programs and services for the Fremont Public Library--so please sign up no later than September 5th. Single players are cordially welcomed as teams will be formed. To miss this event is to truly miss out of a great event -- so if interested in playing for \$75.00; or becoming a Major Sponsor for \$400.00 which includes golf for four, and a tee sponsor sign; or sponsoring a Hole for \$100.00; or be a Cart Sponsor for \$25.00, please contact John Hennelly at 603 642 3162 or Cell 603 770 4144. The Fremont Library thanks you in advance for your loyal and continued support.

PTA NEWS & UPDATES

It's hard to believe that summer is almost over and the kids are back in school on August 28th. Where has the summer gone?

The PTA is already fast at work. On Tuesday, August 15th the PTA welcomed the incoming first grades with pencil boxes filled with pencils, erasers, glue sticks, rulers, stickers, and more. Ellis school hosted a first grade academy on Tuesday, August 15th – Thursday, August 17th. The academy gave the incoming first graders a chance to be in their classrooms and get use to the school without all the other students there. Thank you Breeda Royer, Vicki Nelson, and Melissa Copp for their tireless efforts all summer long shopping for the best buy on the supplies for the pencil boxes and getting them all put together so we could give them to the first graders.

We also hosted a welcome back to school luncheon for the teachers on Thursday, August 24th. Thanks to Amanda Lennon and Kara Maslowski for all their work in organizing and preparing most of the food, and to everyone else who volunteered their time and cooking talents. You did a great job.

Watch your students' backpacks for a packet from the PTA. Included in the packet will be volunteer forms and a form to join the PTA. We will distribute them on Thursday, August 31st. If you don't receive a packet by the following Wednesday, please contact one of the board members or the front office so we can send you one.

Also, in late September we will begin our fall fundraiser. This fundraiser helps to bring in outside programs for the kids, field day, and more. Please watch for the packet to come home in your child's backpack.

Last but not least, let me introduce the 2006 – 2007 PTA board members: President – Cathy Herrmann, Vice President – Beth Lucas, and Secretary – Amanda Lennon, and Ida Keane, Treasurer. I would like to thank them for volunteering their time to support PTA.

We are would like to invite you to attend our next meeting on Wednesday, September 6th at 9 am at the town library. Like last year, we are going to alternate between evening meetings and daytime meetings to make sure everyone can make a meeting.

AVIAN FLU PREPAREDNESS

The Rescue Squad would like to ask for information to assist in their planning and preparation for the potential of Avian Flu. They would like to collect voluntary information about any poultry farm in Fremont, or any collection of any type of domestic bird, including chickens, turkeys, or exotic birds. The Town continues to work on its public health and overall emergency response plans. To share information about your property and any bird population, please contact Lisa at llmphoto@hotmail.com or Chris at 895-5510.

LIBRARY COMMUNITY ROOM

The **Community Room** is available for public use for meetings and other activities. If you wish to use the Community Room, you need to first make a reservation and fill out a form for approval by the **Director**. If you wish to use the Community Room when the Library is not open, you need to make arrangements beforehand **with Library Staff** to get the key. If for some reason the time or date of your meeting/activity changes, you need to **contact Library Staff** ahead of time, so that others can have access to the room. This will also help reduce any scheduling conflicts. Thank you for adhering to these policies.

Fees apply in some cases, check with Library Staff or the Town Offices for more information. The Town's Use of Town Property form can be found on the website by clicking on the Selectmen's Page (forms are at the bottom of the page) at www.Fremont.nh.gov

FREMONT ZONING BOARD WHAT IS A SPECIAL EXCEPTION?

What is a SPECIAL EXCEPTION and how does the Board of Adjustment reach a decision on whether to grant the request or not?

A Special Exception is a use of land or buildings that is permitted, subject to specific conditions that are set forth in the Zoning Ordinance. Special Exception is a specific, permitted land use that is allowed when clearly defined criteria and conditions contained in the Ordinance are met. Providing for exceptions makes it possible to allow uses where they are reasonable in a uniform and controlled manner, but to prohibit them where the specified conditions cannot be met. Requirements, in this sense, are measurable qualifications that are the same at all times and places and can be expressed in specific terms.

The Zoning Board of Adjustment cannot legally approve a Special Exception if the stipulated conditions do not exist or cannot be met. On the other hand, if the Special Exception is listed in the Ordinance and the conditions are met, the Board cannot legally refuse to grant the Special Exception even though it may feel that the standards are not adequate to protect the neighborhood.

Three questions must be answered to decide whether or not a Special Exception can be legally granted:

1. Is the use one that is ordinarily prohibited in the district?
2. Is the use specifically allowed as a special exception under the terms of the ordinance?
3. Are the conditions specified in the ordinance for granting the exception met in the particular case?

The granting of a Special exception does not alter the zoning ordinance, but applies only to the particular project under consideration.

Relief by way of a Special Exception involves making application to the Zoning Board of Adjustment and a Public Hearing. The fee is \$200.00, there is a \$100.00 cost for advertising and \$11.00 per abutter to cover the cost of certified mailings.

HOOD SOX TOPS

Students are collecting Hood Milk Caps in the **Hood Sox Tops For Kids** program. There are collection containers in the Liberty Square Market, Village Market as well as the Fremont Library, Ellis and the Town Hall. Already well over 100 bottle caps have been collected! Thanks to all who are participating. The proceeds benefit the Ellis School Wellness program.

FREMONT FLOOD UPDATES

Fremont roads are virtually all recovered from rain and erosion damage caused by the May Floods. Scribner Road was the last of the large projects, and has been temporarily fixed by our Highway Department and reopened in late July. This area was repaved at the end of August.

Individuals had until July 24th to apply for FEMA assistance, and many still wait for that assistance from what we have seen. For FEMA related information, contact FEMA at 800 621 3362.

NATIONAL FLOOD INSURANCE PROGRAM & FEMA INFORMATION

The NH Flood Program Coordinator recently met with Fremont Town Officials and provided a great resource listing of how and where to get Flood Insurance Program information. A two page sheet entitled NFIP Information Web Sites is now linked to the Town's website by clicking on the Emergency Management page and going down to the "Resource Listing" section. The town's website is located at www.Fremont.nh.gov

Some helpful locations include:

GENERAL NFIP INFORMATION

Answers to Questions about the NFIP

<http://www.fema.gov/business/nfip/qanda.shtml>

Laws & Regulations

<http://www.fema.gov/business/nfip/laws1.shtml>

NFIP Publications

<http://www.fema.gov/business/nfip/libfacts.shtml#3#3>

GENERAL FLOOD INSURANCE INFORMATION

FloodSmart (How to find an Agent, File a Claim, etc)

<http://www.floodsmart.gov/floodsmart/pages/inscenter.jsp>

The Myths and Facts about the National Flood Insurance Program

<http://www.fema.gov/business/nfip/myth.shtml>

FEMA's Flood Insurance Claims Handbook

http://www.fema.gov/pdf/nfip/f687_claimshdbk.pdf

FEMA's Flood Insurance Manual

<http://www.fema.gov/business/nfip/manual.shtml>

Mandatory Purchase of Flood Insurance Guidelines

<http://www.fema.gov/business/nfip/mpurfi.shtml>

FEMA FORMS & INFORMATION

(Such as Elevation Certificates, Floodproofing Certificate, Letter of Map Amendment (LOMA) and Letter of Map Revision (LOMR)

Application Forms

http://www.fema.gov/plan/prevent/fhm/frm_form.shtml

Status of Map Change Requests

http://www.fema.gov/plan/prevent/fhm/st_main.shtml

In these addresses where you see a space between letters is an underscore "_" that is not visible due to the underlining of web site address.

Check the flyer on the Emergency Management page for all of these listings and more! Additionally, there is a link to a document prepared by the NH Coordinator entitled "How to Find and Print Maps on the On-Line FEMA Map Store." This walks you through how to get maps if you should need them for your property. The paper copies of the Flood Maps are available in the Planning and Zoning/Building Offices as well as the Selectmen's Office at the Fremont Town Hall.

Locally, Letter of Map Amendments and Revisions (for Town signature) should be directed to Thom Roy, the Building Inspector / Code Enforcement Officer.

FUEL & ELECTRIC ASSISTANCE

Applications for fuel assistance and electric assistance start later this fall. Contact Rockingham County Community Action at www.rcaction.org or at the Portsmouth Office at 436 3896 or 800 639 3896.

FREMONT ATHLETIC ASSOCIATION

The Fremont Athletic Association would like to thank the sponsors and coaches of the Spring Baseball and Softball Programs. A special thanks to all of the parents who helped cover the concession stand throughout the season, as well as parents who helped keep game scores. Your help and support is most appreciated. The FAA is an all volunteer organization. New members are always welcome. Meetings are held on the 4th Wednesday of the month at Town Hall. Please contact David Richard for more information at 679-1111.

SPONSORS

Liberty Square Market	DiManna Law Office
Century 21 Bridge Realty	Fremont Village Market
Fremont Pizzeria	Weymouth Construction
Rowes Gas Station	Emcon Builders
Fittrax Fitness Systems	Barnyard Buddies
Lavelle Associates	KP Electric
Valliere Construction (Farm League and Softball)	H & S Construction
UNITIL	Delahunty Septic
Todd C. Rich Custom Builders	Benson's Driving School
Betley Chevrolet	
State Farm Insurance	

COACHES

Jerry Robinson, Glen Smith, Gary Wagner, Kevin Daigneault, Doug Page, Pete Begley, Joe Sidman, David Peterson, Darrin Melanson, Jeff Rowell, Steve Burke, Rich Boyd, David Richard, Kathy Turco, Garth Valliere, Marc Wood, Cathy Hermann, Laurie Jongsma, Haley Lane-Therault, Bill Copp, Steve Davis, Shelley George, Lori Angus, Lisa Begley, Denise Gelina, Ed Leduke, Todd Dabrieo, Allie Burke, Wendy German, Todd Bernhardt, Keri O'Brien-Sabalewski, Glen Smith, Chuck Howard, Rob Maslowski, Bob Ficker, Brendan Tangney, Ralph Girardi, Scott Cairns, Chris Matthews, Joe DiPalermo, Nate Sitterly, Bob Brown, John Sullivan, Tricia Brown, Butch Porter, Joel Breton, Mike Weymouth, Bob Genest, Jeff Pettis, Dan Daley, Guy Kidd, Kevin Daigneault, Brian Ell, Jay MacDougall, Stephen Hines, Peter Kelleher, Michael Romano, Chris Donigan, Mark Exel, Yvonne Ouellette, and Jennifer Franks.

FREMONT GARDEN CLUB OPEN HOUSE

Tuesday, September 26, 2006 at 7:00 p.m.
Fremont Public Library Community Room
Refreshments will be served.

All persons interested in flower and/or vegetable gardening are invited to share in the discussion of the coming year's programs as well as learning more about our club and what we have been doing, especially over the summer, including the Garden Tours.

The town garden club is also a good way to get to meet people in our community. Our Motto is "Small but Mighty!"

PLEASE JOIN US! All persons interested in gardening are invited to attend.

PUMC CHILDREN'S CHOIR

Children in Kindergarten through the eighth grade are cordially invited to join the KIDS (Kids in Divine Service) Choir at the People's United Methodist Church in Fremont NH. Practices are held in the sanctuary each Sunday morning from 8:30 am to 9:40 am. We will begin a new song on Sunday October 8th and invite new members to participate.

Christian songs are presented once each month during the 11:00 am worship service. On Sunday October 29th we will sing *I Love Him Better Every D-A-Y*. We'll be twirling batons and using props to bring this song to life. Dance, costumes, puppets, props, and sign language bring excitement to our Children's Music Ministry. Come join the fun! For more information contact Gerry Tilley at 895 2855.

BE PREPARED

September is "National Preparedness Month." Given all the crises we have seen or endured over the past year - Hurricane Katrina, Alstead Flood, and flooding in May right here in Fremont, among many others, it is prudent to make certain you and your loved ones are prepared for natural and manmade disasters. Additionally the winter season will soon be upon us, and being ready for storm-related power outages or other emergencies can be important to you or your family. A home emergency kit can be invaluable in an outage, especially if power is likely to be out for an extended period of time. Following are some ideas for your kit:

BASIC NEEDS: portable radio, flashlights, spare batteries, candles, matches or a lighter, wind up or battery alarm clock, moist towelettes/baby wipes, freezer ice packs (keep them in the freezer all the time so they're ready to use, large cooler or ice chest, sleeping bags or blankets, warm, dry clothing, first aid kit, personal hygiene supplies, baby supplies including diapers.

WATER: If you know a storm with the potential to cause outages is coming, fill containers with water, including your bathtub. Separate water for drinking from that for other uses. Flush toilets sparingly with a bucket of water.

FOOD: Plan on a 3 to 5 day supply for each member of the family, including your pets. This can include: canned or freeze-dried meats, vegetables and fruits, instant foods, foil pouch products, and pet foods.

Lastly, the following can make life easier without power: manual an opener, disposable plates, cups and eating utensils, a camp stove and fuel.

More information on readiness is available on the FEMA website at www.fema.gov; and the NH website in the emergency management section at <http://www.nh.gov/safety/divisions/bem/>

You can also visit the federal government's emergency-preparedness website www.ready.gov, which has a wide variety of resources, including Checklists, Communication Plans, Children's Website, more Emergency Kit Ideas, Information for Special Needs Populations, and Caring for Pets in a Disaster.

CC GRANT FOR WETLAND INVENTORY

The Conservation Commission is happy to announce that it was recently awarded a \$9,000.00 CTAP Grant from the New Hampshire Estuaries Program. The monies will be used to fund a portion of a Wetland Inventory/Prime Wetland Study of the 54 wetlands over 2 acres in size within the town. The Commission has contracted with Mark West of West Environmental of Lee to perform the research and the final report. The project will be made up of three phases: Wetland Inventory, Wetland Evaluation and Prime Wetland Designation. Work will begin within the next month and will near completion in late 2007.

GLEN OAKES

The Open Space Committee is in the beginning process of creating a Wildlife/Song Bird Inventory for the Glen Oaks Land. We are looking for volunteers to help with the field work for the study. If you have an interest in wildlife and/or song birds, this would be a great opportunity to get out onto the land and discover some of its hidden treasures! Please contact Janice O'Brien for more information or to volunteer at j-obrien@comcast.net or 679-5545.

RESCUE SQUAD UPDATES

Certified EMT's are needed! If you are a certified EMT and are eligible to get a NH Provider license, we have a challenging, fun, and gratifying position for you! Additionally, if you are a registered nurse or higher certification, you can challenge the EMS testing requirements. Becoming involved in community-based EMS is one of the most rewarding things you can do. Contact the Fremont Rescue Squad by calling Chris Braid at 895-5510 or emailing Lisa Maffei at llmphoto@hotmail.com.